

Courage Coaching Application

**Name:**

**Email:**

**Have you ever been coached before:** \_\_\_\_ Y \_\_\_\_ N

**Was the coaching individual or group coaching?** \_\_\_\_ Y \_\_\_\_ N

**Have you coached with me before:** \_\_\_\_ Y \_\_\_\_ N

**If you've coached with me, what coaching models have you completed (list all):**

**If you've coached with someone else, please provide the name and dates when you were coached:**

**Did your coach have a specific model or program they used? If yes, please describe all the coaching models or programs you participated in.**

**What are the biggest challenges you're currently facing right now?**

**What does success look like if we work together?**